

Title and Description of presentation on **The World Peace Diet** by Dr. Will Tuttle

What I've been using as the title for the presentation is the title of the book: **The World Peace Diet**

However, there are other possible titles that are often used, such as:

Healing Our World: A Deeper Look at Food
Being Healthy and Saving The Planet
Time to Wake Up
Conscious Eating (or Ethical Eating)
Creating a New Culture of Peace
The Liberating Power of Non-Violence
Vegan Living and World Peace

These titles reflect a particular emphasis:

The Keys to Effective Vegan Advocacy
Joyfully Vegan: How to Share the Message of Compassionate Living
Teaching Peace: How to Share the Vegan Message
Thriving As Vegans: How to Encourage Yourself and Others
Sharing the Vegan Message of Compassion
Ultimate Wellness -- Veganism and the Five Levels of Health
Time to Wake Up - Veganism and Social Change
The Metaphysics of Food
The Joyful Traveling Vegan
Beyond Happy Meat and Dairy
The Land of Milk and Honey: Heaven or Hell?
The Dharma Path: Ancient Asian Roots of Vegan Living
Healthy Relationships and Vegan Living

I suggest that you pick your favorite for the event you're planning and the audience that will be coming, or make up one you think would be better. I can modify the talk to harmonize with the underlying intentions and interests of the participants and organizers. Please feel free to edit and change as needed!

Bio:

Dr. Will Tuttle, visionary author and inspirational speaker, has presented widely throughout North America, Europe, and the Pacific. Author of the acclaimed Amazon #1 best-seller ***The World Peace Diet***, which has been published in 15 languages, he is a recipient of the *Courage of Conscience Award* and the *Empty Cages Prize*. The creator of several wellness and advocacy training programs, his Ph.D. from the University of California, Berkeley, focused on educating intuition and altruism in adults, and he has taught college courses in creativity, humanities, mythology, religion, and philosophy. A former Zen monk and a Dharma Master in the Korean Zen tradition, as well as a 35-year vegan, he is devoted to cultural healing and awakening, and has created 8 CD albums of original piano music. See <http://worldpeacediet.com> for more details.

A short description could be something like this:

Dr. Will Tuttle reveals crucial and empowering information that has been--until now--almost completely concealed. His book, the best-selling ***The World Peace Diet***, has been heralded as the harbinger of a new world where peace, freedom, wellness, and harmony are actually possible, and in it, he elucidates the hidden keys to positive individual and social transformation. We will explore the unrecognized connections between our culturally mandated meals and our broad range of problems—psychological, social, and spiritual, as well as health and environmental. Dr. Tuttle offers powerful ways we can all experience healing and peace and contribute to a positive evolution of human consciousness.